

Glycolic & Chemical Peels

Post Care Instructions

If you have just completed your peel treatment, please follow our aftercare instructions:

- You may develop some crusting and/or scabbing in some of the treated areas. Do not rub, pick or scratch the skin.
- Use a gentle cleanser and avoid any harsh exfoliants. Do this for the next 2-3 days.
- Do not use any moisturisers, creams or lotions with active ingredients such as retinols, glycolic acids, colours or perfumes for a least a week.
- Your practitioner will advise on the best moisturiser to use after the procedure.
- You will find you skin is a little more sensitive after the treatment so try to avoid sun exposure for a least one week. Use a quality SPF 50+, which the practitioner will advise on after the procedure.
- Try to avoid any strenuous exercise for the next 24 hours. A gentle walk will be okay.
- Avoid going swimming for about a week as pool chemicals may cause irritation to the skin.
- Use a mineral-based foundation if you are going to wear makeup. However, if you can avoid it for at least two to three days after treatment, this would be preferred.

Should you have any queries or concerns at any time - Call 8267 2800.