

## Laser Hair Removal

### Post Care Instructions

- Immediately after the treatment, there should be redness and bumps at the treatment area. This may last up to two hours or longer. It is also normal for the treated area to feel like sunburn for a few hours. You should use a cold compress if needed.
- If there is any crusting, apply antibiotic cream. We recommend aloe vera gel, which can be purchased from the clinic or some other after-sun treatment such as Desitin. Darker skin may experience more discomfort than lighter skin and may require the aloe vera gel or an antibiotic ointment for longer.
- Avoid sun exposure to reduce the chance of dark or light spots for two months. Use sunscreen SPF25 or higher at all times throughout the treatment process.
- Avoid picking or scratching the treated skin. Do not use any other hair removal methods or products on the treated area during the course of your laser treatments, as it will prevent you from achieving your best results.
- Shedding of the hair may occur anywhere from five to 30 days after the treatment. While this may appear as new hair growth, it is actually dead hair pushing its way out of the follicle. You can help the hair exfoliate by washing or wiping with a washcloth.
- Hair regrowth occurs at different rates on different areas of the body. New hair growth will not occur for at least three weeks after treatment.
- **Please note:** Stubble, representing dead hair being shed from the hair follicle, will appear within 10 to 20 days from the treatment date. This is normal and will fall out quickly.

Should you have any queries or concerns at any time - Call 8267 2800.