

Jett Plasma

Post Care Instructions

You have now completed your treatment for Jett Plasma and should follow the below aftercare instructions.

There may be some downtime for this treatment, which can be up to a week.

Immediately after, you may experience swelling, bruising and reddening of the treated area. This generally lasts two to three days. The healing process will include crusting (which should be left to fall away naturally) over the course of about a week. There may be some occasional weeping of the area and this is normal.

Please see the following:

- Do not exercise for 48 hours after treatment and avoid any heat steam or sweat.
- Do not pick at the crust – let it fall off on its own.
- Use a gentle cleanser on the face and avoid any exfoliates until the scabs have gone and the area has healed.
- Avoid swimming in chlorinated water.
- Avoid sun exposure and apply sunscreen SPF 50+ once the scabs have fallen off. Wear a hat whilst the area is still healing to reduce the risk of hyperpigmentation.
- Avoid using any active ingredient skin care products, such as Retinol (Vitamin A) and Vitamin C, for the next week until your scab has fallen off and you're starting to heal.
- Men should avoid shaving the treated area for at least 7 days so it can heal.
- Do not wax the eyebrows if you have had the eye area treated for at least one month or longer until the area has healed. You can pluck unwanted hair from this area with tweezers.
- Makeup can be applied as cover where needed but should not be applied for 24 hours after the treatment.

Should you have any queries or concerns at any time - Call 8267 2800.